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LIVIA YUNITA, NIM : N1A117176

**HUBUNGAN PERAN ORANG TUA DALAM MEMBIMBING BELAJAR
SELAMA PANDEMI COVID-19 DENGAN KESEHATAN MENTAL
ANAK USIA 7-12 TAHUN DI KECAMATAN HAMPARAN RAWANG
KOTA SUNGAI PENUH
TAHUN 2020**

ABSTRAK

Latar Belakang : Peran orang tua yang baik akan menghasilkan kesehatan mental anak yang optimal, banyak kendala yang mempengaruhi peran orang tua dalam membimbing belajar anak selama pandemi COVID-19 salah satunya keterbatasan waktu yang dimiliki orang tua akibat sibuk berkerja diluar. Tujuan penelitian ini untuk menganalisis hubungan peran orang tua dalam membimbing belajar selama Pandemi COVID – 19 dengan kesehatan mental anak usia 7-12 tahun di Kecamatan Hamparan Rawang Kota Sungai Penuh.

Metode : Desain penelitian ini adalah cross sectional. Tempat penelitian di Kecamatan Hamparan Rawang Kota Sungai Penuh. Populasi anak-anak usia 7-12 tahun, jumlah sampel sebanyak 93 anak. Variabel yang diteliti adalah kesehatan mental anak dan variabel peran orang tua. Analisis data menggunakan uji Chi Square pada $\alpha=5\%$.

Hasil : Tingkat kesehatan mental anak tidak baik 47 (50,5%), tingkat kesehatan mental anak baik 49,5 (49,5%). Peran orang tua yang baik 50 (53,8%), peran tidak baik yaitu sebanyak 43 (46,2 %). Ada hubungan yang signifikan antara peran orang tua dengan kesehatan mental anak hasil uji statistik diperoleh nilai (p -value= 0,001) dengan nilai (POR (*Prevalensi Odd ratio*)= 4,480), dan ($95\%CI=1,867-10,784$).

Kesimpulan : Adanya hubungan peran orang tua dalam membimbing belajar selama pandemi COVID-19 dengan kesehatan mental anak usia 7-12 tahun pada penelitian ini dikarenakan banyak kendala yang dihadapi orang tua dalam membimbing belajar anak.

Kata Kunci : Kesehatan Mental, Peran Orang Tua, Anak 7-12 tahun.

SKRIPSI, MAY 2021

LIVIA YUNITA, NIM : N1A117176

**RELATIONSHIP RELATIONSHIP ROLE OF PARENTS IN LEARNING
GUIDANCE DURING THE COVID-19 PANDEMIC WITH THE MENTAL
HEALTH OF CHILDREN AGES 7-12 YEARS OLD IN HAMPARAN
RAWANG DISTRICT, SUNGAI PENUH CITY
IN 2020**

ABSTRACT

Background : The role of good parents will result in optimal mental health of children, there are many obstacles that affect the role of parents in guiding children's learning during the COVID-19 pandemic, one of which is the limited time parents have due to busy working outside. The purpose of this study was to analyze the relationship between the role of parents in guiding learning during the COVID-19 Pandemic with the mental health of children aged 7-12 years in Hamparan Rawang District, Sungai Penuh City.

Methods : The design of this study was cross sectional. The research site was in Hamparan Rawang District, Sungai Penuh City. The population of children aged 7-12 years, the sample size is 93 children. The variables studied were the mental health of children and the variables of the role of parents. Data analysis used the Chi Square test at $\alpha = 5\%$.

Result : The level of mental health of the children was not good 47 (50.5%), the level of mental health of the children was good 46 (49.5%). The role of parents who are good 50 (53.8%), the role is not good as much as 43 (46.2%). There is a significant relationship between the role of parents and the mental health of children. The statistical test results obtained a value ($p\text{-value} = 0.001$) with a value (POR (*Prevalence Odd ratio*) = 4.480), and ($95\% CI = 1,867-10,784$).

Conclusion : There is a relationship between the role of parents in guiding learning during the COVID-19 pandemic with the mental health of children aged 7-12 years in this study due to the many obstacles faced by parents in guiding children's learning.

Keywords : Mental Health, Role of Parents, Children 7-12 years.