

DAFTAR ISI

HALAMAN SAMPUL	
HALAMAN PERSETUJUAN	
HALAMAN PENGESAHAN	
HALAMAN PERNYATAAN	
HALAMAN PERSEMBAHAN	
ABSTRAK	
KATA PENGANTAR	
DAFTAR ISI	
BAB I PENDAHULUAN	Error! Bookmark not defined.
1. Latar Belakang	Error! Bookmark not defined.
1.2 Identifikasi Masalah	Error! Bookmark not defined.
1.3 Batasan Masalah	Error! Bookmark not defined.
1.4 Definisi Operasional	Error! Bookmark not defined.
1.5 Rumusan Masalah	Error! Bookmark not defined.
1.6 Tujuan Penelitian	Error! Bookmark not defined.
1.7 Manfaat Penelitian	Error! Bookmark not defined.
BAB II KAJIAN TEORI	Error! Bookmark not defined.
2.1 Pengertian Kebugaran Jasmani	Error! Bookmark not defined.
2.2 Prinsip Kebugaran Jasmani	Error! Bookmark not defined.
2.3 Manfaat kebugaran jasmani	Error! Bookmark not defined.
2.4 Cara Mengukur Kebugaran Jasmani	Error! Bookmark not defined.
2.5 Profil Sekolah.....	Error! Bookmark not defined.
2.5 Penelitian Relevan	Error! Bookmark not defined.
2.6 Kerangka Berpikir.....	Error! Bookmark not defined.
2.7 Hipotesis	Error! Bookmark not defined.
BAB III METODE PENELITIAN	Error! Bookmark not defined.
3.1 Waktu dan Tempat Pelaksanaan Penelitian	Error! Bookmark not defined.
3.2 Desain Penelitian	Error! Bookmark not defined.
3.3 Populasi dan Sampel Penelitian	Error! Bookmark not defined.
3.3.1 Populasi.....	Error! Bookmark not defined.

3.3.2 Sampel.....	Error! Bookmark not defined.
3.4 Teknik Pengumpulan Data.....	Error! Bookmark not defined.
3.5 Teknik Analisis Data.....	Error! Bookmark not defined.
<u>BAB IV HASIL PENELITIAN DAN PEMBAHASAN</u>	Error! Bookmark not defined.
4.1 Deskripsi Analisis Data Hasil Penelitian	Error! Bookmark not defined.
4.1.1 Profil Responden.....	Error! Bookmark not defined.
4.1.2 Hasil Penelitian Tingkat Kebugaran Jasmani ...	Error! Bookmark not defined.
4.2 Pembahasan.....	Error! Bookmark not defined.
<u>BAB V KESIMPULAN DAN SARAN</u>	Error! Bookmark not defined.
5.1 Kesimpulan	Error! Bookmark not defined.
5.2 Implikasi Hasil Penelitian	Error! Bookmark not defined.
5.3 Saran-saran.....	Error! Bookmark not defined.
<u>DAFTAR PUSTAKA</u>	Error! Bookmark not defined.
<u>Lampiran 1: Blanko Penilaian TKJI</u>	Error! Bookmark not defined.
<u>Lampiran 2: Foto Kegiatan</u>	Error! Bookmark not defined.
<u>Lampiran 3. Hasil Tingkat Kebugaran Jasmani 58 Responden</u>	Error! Bookmark not defined.
<u>Lampiran 4. Surat keterangan telah mengadakan penelitian</u>	Error! Bookmark not defined.