

**Uji Validitas Isi Modul *Home Gardening* Untuk
Meningkatkan *Attachment* Antara Ibu dan Anak Usia Dini
di RA An-Nasywa Kota Jambi**

¹Tri Wulandari, ²Nofrans Eka Saputra, ³Yun Nina Ekawati

¹Program Studi Psikologi, Universitas Jambi/ twuland98@gmail.com

²Program Studi Psikologi, Universitas Jambi/ nofransekasaputra@unja.ac.id

³Program Studi Psikologi, Universitas Jambi/ yun_nina.e@gmail.com

ABSTRAK

LATAR BELAKANG Pandemi *Covid-19* memberikan dampak negatif berupa bertambahnya peran ibu dan intensitas berkumpul yang menyebabkan kebosanan dan ketidaksabaran pada ibu. Hal tersebutlah yang memicu timbulnya kekerasan pada anak dimasa pandemi. Perilaku kekerasan yang dilakukan orangtua atau pengasuh maupun perilaku tidak memperdulikan anak merupakan salah satu faktor penyebab terjadinya gangguan *attachment*.

TUJUAN Tujuan penelitian ini adalah mengetahui validitas modul *Home Gaerdening* terhadap *attachment* antara ibu dan anak usia dini.

METODE Penelitian ini menggunakan studi deskriptif dengan uji validitas isi. Validator penelitian ditentukan secara *purposive*. Validasi dilakukan untuk menilai validitas isi pada modul. Analisis data yang digunakan adalah analisis deskriptif.

HASIL Penelitian ini menunjukkan validasi isi modul dengan rentang skor V bergerak pada angka 0.83-1.00. hasil validasi alat ukur *attachment* memiliki rentang skor V bergerak pada angka 0.66-1.00. Berdasarkan hasil uji validitas isi, modul *home gardening* dinyatakan valid secara isi dengan beberapa saran dan perbaikan dari validator. Kriteria validitas yang dimaksud dinilai dari aspek materi, penyajian, dan bahasa serta kemudahan dalam penggunaannya.

KESIMPULAN DAN SARAN Modul *home gardening* untuk meningkatkan *attachment* antara ibu dan anak dinyatakan valid secara isi.

Kata Kunci : Validasi Modul, *Home Gardening*, *Attachment*, Anak Usia Dini.

**Home Gardening Module Content Validity Test To Improve
Attachment Between Mothers and Early Childhood
In RA An-Nasywa, Jambi City**

¹Tri Wulandari, ²Nofrans Eka Saputra, ³Yun Nina Ekawati

¹Department of Psychology, Jambi University/ twuland98@gmail.com

²Department of Psychology, Jambi University/ nofransekasaputra@unja.ac.id

³Department of Psychology, Jambi University/ yun_nina.e@unja.ac.id

ABSTRACT

BACKGROUND The Covid-19 pandemic has had a negative impact in the form of increasing the role of parents and the intensity of gathering which causes boredom and impatience in mothers. This is what triggers the emergence of violence against children during the pandemic. Violent behavior by mothers or caregivers as well as behavior that does not care about children is one of the factors that cause attachment disorders.

PURPOSE The purpose of this study was to determine the validity of the Home Gaerdening module on attachment between mothers and early childhood.

METHODS This study uses a descriptive study with content validity test. The research validator was determined purposively. Validation is done to assess the validity of the content in the module. The data analysis used is descriptive analysis.

RESULTS This study shows the validation of the content of the module with a range of V scores ranging from 0.83 to 1.00. the results of the validation of the attachment measuring instrument have a V score range moving at 0.66-1.00. Based on the results of the content validity test, the home gardening module was declared content valid with some suggestions and improvements from the validator. The validity criteria in question are assessed from the material, presentation, and language aspects as well as the ease of use.

CONCLUSIONS AND RECOMMENDATIONS The home gardening module to increase attachment between parents and children is declared content valid.

Keywords: Module Validation, Home Gardening, Attachment, Early Childhood.