

ABSTRACT

Background : Hospitals are health services that have various risks of getting work-related diseases and even work-related accidents according to the type of work. Therefore, it is necessary to implement Hospital Occupational Safety and Health to prevent the occurrence of these potential hazards. The purpose of this study was to describe the Occupational Health Service Program in the application of Occupational Health Services at the Jambi Mental Hospital.

Methods : This type of research is a qualitative descriptive study using in-depth interviews. The informants in this study were 5 people from the Jambi regional mental hospital then the results would be analyzed qualitatively, namely reduction, display and drawing conclusions.

Results : From the results of the implementation of the occupational health service program at the Jambi Regional Hospital, starting from the promotive efforts of providing additional food and fulfilling occupational nutrition, it has not been implemented, but physical fitness activities have been carried out. In preventive efforts, medical surveillance activities and monitoring of human resources in risky areas have been carried out, but the implementation of periodic health checks and immunization activities has not been implemented. The curative efforts for the preparation of the diagnosis of occupational diseases and work-related accidents have been carried out, but the treatment and care activities have not been carried out. Rehabilitation efforts were not carried out. As well as the unavailability of occupational health service units at the Jambi regional mental hospital.

Conclusion : Efforts to provide occupational health services in the application of hospital health and safety at the Jambi Regional Hospital, there were several activities that were not carried out. In addition, the unavailability of recording and reporting on activities and minimal documentation of the results of activities in the pursuit of occupational health services. It is necessary to carry out a thorough evaluation of the activities that have not been implemented in the fulfillment of occupational health services at the Jambi Regional Mental Hospital.

Keywords : *Occupational Health, Occupational Safety, Application, Hospital*

ABSTRAK

Latar Belakang: Rumah sakit merupakan pelayanan jasa kesehatan yang mempunyai berbagai risiko terkena penyakit akibat kerja bahkan kecelakaan akibat kerja sesuai jenis pekerjaannya. Oleh sebab itu, diperlukannya penerapan Keselamatan dan Kesehatan Kerja Rumah Sakit (K3RS) untuk mencegah terjadinya potensi bahaya tersebut. Tujuan penelitian ini adalah untuk menggambarkan Program Pelayanan Kesehatan Kerja dalam penerapan K3RS di RSJD Jambi.

Metode : Jenis penelitian ini adalah penelitian deskriptif kualitatif dengan menggunakan metode wawancara mendalam. Informan dalam penelitian ini yaitu 5 orang dari pihak RSJD Jambi kemudian hasil akan dianalisa secara kualitatif, yaitu reduksi, display dan penarikan kesimpulan.

Hasil : Dari hasil pelaksanaan program pelayanan kesehatan kerja RSJD Jambi mulai dari upaya promotif kegiatan pemberian makanan tambahan dan pemenuhan gizi kerja belum terlaksana, namun kegiatan kebugaran jasmani sudah dilaksanakan. Dalam upaya preventif kegiatan surveilans medik dan pemantauan SDM di tempat yang berisiko sudah terlaksana, namun pelaksanaan kegiatan pemeriksaan kesehatan berkala dan pemberian imunisasi belum terlaksana. Upaya kuratif kegiatan persiapan diagnosis terhadap PAK dan KAK sudah terlaksana, namun kegiatan pengobatan dan perawatan tidak terlaksana. Upaya rehabilitatif yang dilakukan tidak terlaksana. Serta tidak tersedianya unit pelayanan kesehatan kerja pada RSJD Jambi.

Kesimpulan : Upaya pelayanan kesehatan kerja dalam penerapan K3RS pada RSJD Jambi terdapat beberapa kegiatan yang tidak terlaksana. Selain itu, tidak tersedianya pencatatan dan pelaporan pada kegiatan dan dokumentasi hasil kegiatan yang minim dalam pengupayaan pelayanan kesehatan kerja. Perlunya dilakukan evaluasi secara menyeluruh terhadap kegiatan yang belum terlaksana dalam pemenuhan pelayanan kesehatan kerja RSJD Jambi.

Kata Kunci : Kesehatan Kerja, Keselamatan Kerja, Penerapan, Rumah Sakit