## **CHAPTER V**

## CONCLUSIONS AND SUGGESTIONS

## **5.1 Conclusions**

The results of this research suggested that EFL students have several challenges in writing their undergraduate thesis. Based on the collected data, there were four distinguished themes proven to be present such as linguistics and knowledge issues; psychological issues; media and resources issues; and supervision and time management issues. The most prevalent and most mentioned issues based on the interviews were grammar, vocabulary, and lack of motivation.

Besides, it was also revealed that participants employed some strategies in minimizing those challenges. In total, there were three different themes with each one followed by several sub-themes namely self-management strategies that entail doing positive activities, abstaining from thesis, and making schedule notes; technological assistances that entail language app, and entertainment and studying app; and others' assistances that entail help from supervisor, and help from families and friends. In addition, the most engaged Solutions by participants were self-introspection, language app, doing positive activities, and help from families and friends.

## **5.2 Suggestions**

Based on the mentioned conclusions, there are some suggestions that I, as the writer and the researcher, would like to propose to readers, especially EFL students. First of all, having low proficiency in foreign language would not necessarily equate to incapability of producing good pieces of writing. There are plenty of ways to outsmart the conditions and two of them are to make use of technological tools. There are some useful tools that are free to access such as Grammarly and QuillBot. These AI-powered tools are proven to be very effective in helping EFL students to break through the language barriers.

The second one is seeking help from other people, there will be plenty of qualified people who are willing to share their knowledge. Try to be more proactive and do not shy away from asking people for some support. If you find yourselves in deadlock situations, never exclude the possibilities that some people might be able to provide some help. In addition, it is evident that by asking for others' assistances, EFL students managed to solve various problems in writing their thesis.

The third suggestion is to be more self-regulated as a person. There are many ways to do so, however, the most effective way to do it is to keep evaluating and learn from the past mistakes. By doing self-reflections, you give your future selves favors and avoid possible hassles that might come in your way. As the implication, it will help EFL students to enhance their performance in foreign language especially in writing thesis. Additionally, doing positive activities would also be a huge help to

give your psychological states a space, hence, would minimize the possibilities of having mental fatigue.

Last but not least, for the future researchers. This research is beneficial and useful as references to conduct research under the same topic. Since this research used qualitative research, hence, cannot be generalized to a wider audience.