

GAMBARAN KETERTARIKAN INTERPERSONAL PADA LANJUT USIA DI PANTI SOSIAL TRESNA WERDHA (PSTW) BUDI LUHUR JAMBI

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ABSTRAK

LATAR BELAKANG Pada masa lanjut usia hidup tanpa keluarga bukanlah hal yang mudah, sehingga menimbulkan berbagai masalah, seperti mengalami kesepian, gelisah, kecemasan, stress, dan menarik diri. Untuk tetap bertahan maka mereka menjalin ketertarikan interpersonal agar dapat tetap bahagia menikmati hari tua.

TUJUAN penelitian ini bertujuan untuk mengetahui gambaran, dinamika dan faktor-faktor yang mempengaruhi ketertarikan interpersonal pada lanjut usia di Panti Sosial Tresna Werdha (PSTW) Budi Luhur Jambi

METODE Metode penelitian adalah kualitatif dengan pendekatan fenomenologi. Pemilihan partisipan menggunakan teknik *purposive sampling* yaitu lanjut usia di Panti Sosial Tresna Werdha (PSTW) Budi Luhur Jambi, berusia 60-70 tahun, berjenis kelamin laki-laki dan perempuan. Teknik pengumpulan data menggunakan observasi dan wawancara. Teknik analisis data adalah *Interpretative Phenomenological Analysis* (IPA).

HASIL Gambaran ketertarikan interpersonal lanjut usia di Panti Sosial Tresna Werdha (PSTW) Budi Luhur Jambi meliputi ketertarikan fisik dan penampilan, rasa kasihan, perilaku tolong menolong dan cinta dan dampak positif. Adapun faktor yang mempengaruhi ketertarikan interpersonal yaitu saling kenal, kehangatan personal, keadilan pertukaran, kompetensi dan asosiasi.

KESIMPULAN Seluruh partisipan menunjukkan ketertarikan interpersonal, dinamika serta faktor-faktor yang mempengaruhi ketertarikan interpersonal pada lanjut usia di Panti Sosial Tresna Werdha (PSTW) Budi Luhur Jambi.

Kata kunci: Ketertarikan Interpersonal, Lanjut Usia

INTERPERSONAL ATTRACTION IN THE ELDERLY IN TRESNA WERDHA SOCIAL INSTITUTION (PSTW) BUDI LUHUR JAMBI

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ABSTRACT

BACKGROUND In elder life, living without a family is not easy, giving rise to various problem, causing various problems, such as experiencing loneliness, anxiety, restless stress and withdrawing. To survive, they develop interpersonal attraction so they can stay happy and enjoy their elder life.

PURPOSE This study aimed to discover the depiction, dynamics and factors that influence interpersonal attraction in the elderly at the Tresna Werdha Social Institution (PSTW) Budi Luhur Jambi

METHODS The methods used were qualitative with a phenomenological approach. The selection of participants used a purposive sampling technique namely the elderly at the Tresna Werdha Social Institution (PSTW) Budi Luhur Jambi, aged 60-70 years, male and female. Data collection techniques used observation and interviews. The data analysis technique was interpretative phenomenological analysis (IPA).

RESULTS The portrayal of interpersonal attraction in the elderly in the Tresna Werdha Social Institution (PSTW) Budi Luhur Jambi includes the emergence of physical attraction and appearance, compassion, behavior to help and love and positive impact. Factors that influence interpersonal attraction are acquaintance, personal warmth, fairness of exchange, competence and association.

CONCLUSION All participants showed interpersonal attraction, dynamics and factors that influenced interpersonal attraction in the elderly at the Tresna Werdha Social Institution (PSTW) Budi Luhur Jambi

Keyword: Interpersonal Attraction, Elderly