

## **CHAPTER V**

### **CONCLUSION AND SUGGESTION**

#### **5.1 Conclusion**

This chapter aims to provide conclusion of the research, implications and suggestions for English teacher and prospective English teacher. The findings of this research enlighten an analysis of students' academic reading habit: a case of EFL students at English Education Study Program Universitas Jambi. In doing the interview, the participants shared their feelings about reading academic books and non-academic books, frequency in reading, number of books that they could read in a certain time and their motivation in reading.

Based on the result of this research, there were five aspects in reading, they are Attitude Toward Reading, Reading Frequency, Books Read, Times Spent and Motivation. All of the participants have various arguments related to their feelings about reading. First participant mentioned that reading is fun activity but it depends on how hard the topic of reading itself. When the topic is hard to understand, then reading is a boring activity. Similarly, the second participant also stated the same, he admitted that he likes reading but it depends on the context, the purpose and the genre of the books. Interestingly, he also mentioned that he prefers to read real life caption and other informations through internet. It was supported by the third participant, she revealed that reading is fun activity but it depends on what kinds of book that she read. Somewhat different, the fourth participant said that she doesn't really like reading if it is about academic books. Reading academic book is a bored activity.

Instead of reading academic books, she prefers to read non-academic ones like novels or comics. The next participant said that she loves to read books because she thinks that through reading she could explore the world. The last participant mentioned that she likes reading because it could entertain her. However, from all statements of the participants, it could be concluded that the participants get motivation in reading from family environment, academic environment, people surrounding and also self-awareness.

In conclusion, all of these participants stated that they read non-academic books more often rather than academic ones. The participants also revealed that they read academic books just because of the instructions from the lecturer. Meanwhile, they read non-academic books because it could entertain them. It means that, the participants have positive attitude toward reading non-academic books rather than academic books. Meanwhile, as a university student, having good academic reading habit would be more crucial for them to improve their informations, knowledges, and insight. Thus, the awareness of the importance of reading academic books should be improved. It could be done by the lecturers, families or even people surrounding.

## **5.2 Implications**

Based on the conclusion stated above, there are some implications of this research. The first is, even though all participants revealed that they like reading, but it still depends on the topic and the purpose of reading itself. The participants said that they prefer to read non-academic books rather than academic books. They just read academic books when there is instruction from the lecturer. Thus, it would be

better if lecturers involve non-academic books in their classroom to increase participant's reading habit.

Then, the results also show that motivation in reading could arise from family environment, academic environment, people surrounding and also self-awareness. Dealing with this, it could be better if the lecturers, family and friends give positive influences toward someones' reading habit.

### **5.3 Suggestions**

Based on the findings of the research, there are some useful suggestions that can be considered. Reading habit of academic book is needed for the participants to prompt them to have good understanding and to have more knowledge and insight about the world widely. Then, it is suggested for the teachers and the lecturers to prompt the students to increase their reading habit both academic and non-academic books. Besides, it is also suggested for the people surrounding such as teachers or lecturers, parents, and friends to involve themselves toward other people surrounding and give positive influences about reading habit.