

## ***SELF-AWARENESS COSPLAYER PEREMPUAN DALAM MENCEGAH PELECEHAN SEKSUAL DI KOMUNITAS COSPLAY “X” KOTA JAMBI***

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### **ABSTRAK**

**LATAR BELAKANG** Perempuan merupakan kelompok yang rentan mengalami pelecehan seksual, termasuk dalam komunitas *cosplay*. Pelecehan seksual dapat memberikan dampak negatif terhadap korban. Sehingga penting untuk memahami tentang kesadaran diri (*self-awareness*) *cosplayer* perempuan dalam mencegah pelecehan seksual.

**TUJUAN** Untuk mengetahui gambaran *self-awareness* serta faktor-faktor yang memengaruhi *self-awareness cosplayer* perempuan dalam mencegah pelecehan seksual di Komunitas *Cosplay "X"* Kota Jambi.

**METODE** Penelitian ini menggunakan metode kualitatif dengan pendekatan fenomenologi. Data dikumpulkan melalui wawancara mendalam dengan partisipan. Adapun kriteria partisipan yang ditetapkan untuk penelitian adalah *cosplayer* perempuan yang aktif lebih dari satu tahun, dan berusia 18-25 tahun. Data yang diperoleh dianalisis menggunakan teknik *Interpretative Phenomenological Analysis*.

**HASIL** Gambaran *self-awareness* pada *cosplayer* perempuan dalam mencegah pelecehan seksual mencakup beberapa tema, yaitu pemahaman, kesiagaan dan kewaspadaan, batasan pribadi, komunikasi, dukungan sosial, pengungkapan diri, rasa aman dan nyaman, empati, dan emosi negatif. Untuk faktor-faktor yang memengaruhi *self-awareness cosplayer* perempuan dalam mencegah pelecehan seksual meliputi pengalaman pelecehan seksual, pengetahuan, dan *victim blaming*.

**KESIMPULAN** *Self-awareness* partisipan dalam mencegah pelecehan seksual tergambar melalui tema-tema yang didapatkan, yaitu pemahaman, kesiagaan dan kewaspadaan, batasan pribadi, komunikasi, dukungan sosial, pengungkapan diri, rasa aman dan nyaman, empati, dan emosi negatif. Adapun faktor-faktor yang memengaruhi *self-awareness* partisipan dalam mencegah pelecehan seksual, yakni pengalaman pelecehan seksual, pengetahuan, dan *victim blaming*.

**KATA KUNCI:** Kesadaran Diri, Pelecehan Seksual, *Cosplayer* Perempuan

***SELF-AWARENESS OF FEMALE COSPLAYERS IN PREVENTING  
SEXUAL HARASSMENT IN THE "X" COSPLAY COMMUNITY  
IN JAMBI CITY***

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***ABSTRACT***

***BACKGROUND*** Women are vulnerable to experiencing sexual harassment, including in the cosplay community. Sexual harassment negatively impacts on victims, making it essential to understand the self-awareness of female cosplayers in preventing sexual harassment.

***OBJECTIVE*** This study aimed to explore the self-awareness of female cosplayers and the factors that influenced their self-awareness in preventing sexual harassment within the "X" Cosplay Community in Jambi City.

***METHOD*** This study employed a qualitative method with a phenomenological approach. Data were collected through in-depth interviews with participants. Participants were female cosplayers active for over a year and aged 18-25. Data were analyzed using the Interpretative Phenomenological Analysis technique.

***RESULTS*** The self-awareness of female cosplayers in preventing sexual harassment encompassed several themes, including understanding, vigilance and alertness, personal boundaries, communication, social support, self-disclosure, sense of safety and comfort, empathy, and negative emotions. The factors that influenced their self-awareness included experiences of sexual harassment, knowledge, and victim blaming.

***CONCLUSION*** The self-awareness of participants in preventing sexual harassment was reflected through several aspects, namely understanding, vigilance and alertness, personal boundaries, communication, social support, self-disclosure, a sense of safety and comfort, empathy, and negative emotions. The factors that influenced their self-awareness in preventing sexual harassment included experiences of sexual harassment, knowledge, and victim blaming.

***KEYWORDS:*** *Self-Awareness, Sexual Harassment, Female Cosplayers*