Abstract

This study explores the experiences of students in the English Study Program when delivering oral

presentations in English. The purpose of this research is to identify the challenges students face

during oral presentations and to understand how they cope with those challenges. A qualitative

descriptive method was used to gain in-depth insights into students' lived experiences.

The findings reveal that students commonly face several challenges, including nervousness,

anxiety, lack of comprehension, fear of making mistakes, and forgetting the material. These

difficulties are influenced not only by language proficiency but also by psychological and

emotional factors. Despite these challenges, students employed various strategies to overcome

them, such as practicing beforehand, preparing key points, calming themselves, using mixed

language, and seeking peer support.

These findings highlight the importance of addressing both linguistic and affective factors in

improving students' oral presentation skills. Moreover, the study contributes to existing literature

by presenting students' personal strategies for overcoming presentation challenges, offering

practical insights for educators and learners alike.

Keywords: Oral presentation, students' experiences, challenges, coping strategies, English as a

foreign language