

CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion.

The Conclusion of the data discussion indicated that the reason and the cause of speaking anxiety can be various from one individual to another. Based on the discussion, most of the participants were having situation-specific anxiety, which happen mostly during the oral exams, and public speaking. Students experiences in specific-situation anxiety could trigger their anxiety to arise as they get various respons, from negative respons shown in the audiences' face, to evaluation from lecturer. As an addition, there were also students who face state anxiety, which indicated that they experience anxiety through certain conditions and situation, such as being tasked by the teacher, getting feedback after performing speaking, and when their name are being called.

The results showed that the interview for Students of English Education Study Program was carried out effectively. In conclusion, factors affecting speaking anxiety in students of English Education Study Program of 2024/2025 academic year comes from internal and external. Most of the students anxiety are comes from internal factors, which is related to personal psychological matter. In addition, the external factors also have role of how it impact speaking anxiety in classroom. This factors are related to students persepction and comprehension of the target language. These factors leads to Foreign language Anxiety factors, such as Communication

comprehension, fear of negative evaluation, and anxiety of test. By understanding these factors, it is expected that teachers and lecturers can help students create a supportive and better learning environment, which later can help students faced the anxiety and overcome in order to a better language learning, especially for learning speaking ability.

In order to overcome the anxiety, students used some strategies. The strategies itself varies from each students. most of the students cope their anxiety by doing preparation, relax themselves before taking any activities, and thinking positively about their performance. the strategies used were effectively reduced their anxiety, however, students still feel that their anxiety sometimes occur, even in a small amount.

5.2 Suggestion

This research is far from perfection. The conducted study's objective is to find what kind of anxiety, and what factors that affect students speaking anxiety. There are some suggestion based on the findings of the research previously.

- a. Awareness for students to mind their anxiety and need to regulate the problems. By identify and understand the problem, it is expected that students can overcome their anxiety during classroom activities. Students could also improve English Speaking skills by taking pratice more, whether using online resource, or with classmates and teachers.

- b. It is expected for teachers to mind and pay attention to students problem in classrom, expecially anxiety, so that the learning process work as it should be, and students could achieve their goal.
- c. It is expected for everyone who wants to conduct similar research on speaking ability. the writer hope that future researcher could prepare the study deeper and plan a better time allocation more. Psychological factors are a vast field to conduct research, especially in education field. The writer hope that future researcher could prepare a proper preparation so that the study can be conducted properly.