

CHAPTER V

CONCLUSION AND SUGGESTIONS

5.1 Conclusion

Nevertheless, students are not passive in facing these challenges. They actively apply various strategies to overcome them, such as repeating audio, using subtitles, noting down important information, utilizing learning applications, and discussing with peers. The use of technology and independent learning approaches has been proven to help students understand complex listening materials. These strategies demonstrate good metacognitive awareness and adaptive abilities in the learning process. Thus, this study shows that effective learning not only depends on the materials or media used, but also on students' ability to recognize challenges and develop appropriate strategies to overcome them.

5.2 Suggestions

Based on the results of this study, students are advised to be more active in developing their English listening skills, especially in a professional context. Students need to familiarize themselves with various forms of spoken input, such as recordings, podcasts, films, or videos in English that reflect real-life situations in the workplace. Additionally, it is important for students to explore various listening strategies that align with their individual learning styles, such as noting key words, adjusting audio speed, or repeating sections that are not understood. Students should also enhance their awareness of psychological factors like stress and anxiety, and learn to manage them to prevent interference with the comprehension process during listening.

For lecturers or teachers, it is recommended to design listening lessons that not only focus on linguistic aspects, but also on developing student learning strategies. Learning materials should reflect real professional situations, including various accents, variations in speech speed, and the use of formal language and technical terms (jargon). Teachers can also facilitate group discussion activities, strategy reflection, and context-based listening exercises, so that students are familiar with more complex listening challenges and are able to apply strategies independently and effectively.

For future researcher, it is recommended to conduct research with a wider and more diverse number of participants, so that the findings obtained are more representative. Future research can also use quantitative methods or mixed approaches to measure the relationship between strategy use and level of understanding or academic achievement. In addition, exploration of other factors such as educational background, previous language ability, or the influence of the learning environment on listening skills is also worthy of further research.